

MARCH 2013

MALENY NEIGHBOURHOOD CENTRE



Contributing to a more resilient Maleny...this month's newsletter focuses on how people can help the Maleny Neighbourhood Centre, so that we can help the neighbourhoods of Maleny...

MNC Membership - an opportunity for you to support a totally LOCAL community service. Last week MNC held a special general meeting and resolved to adjust Membership levels and fees to help people and businesses help us. You can pay for your membership online or by mailing in or by coming into the Centre.

NEW ANNUAL MEMBERSHIP LEVELS

Individuals: Unwaged/Concession/Low Income Earners - \$6 pa, Part Time Waged - \$15 pa, Full Time/Waged - \$30 pa, Major Supporter - \$100+ pa, Businesses: \$100 pa, Major Supporter - \$500+ pa, Not for Profit Organisations: \$50 pa

It might come as a surprise to know that our wonderful [Maleny Neighbourhood Centre](#) receives no regular, operational government funding. A community resource that is so vital and has so much to offer, needs to be fully funded by the community it supports. [Maleny Supa IGA's Community Benefits Club \(CBC\)](#) is just one form of funding that helps the centre keep its doors open. Manager, Cath Ovenden says it's a great help, yet so much more is needed to ensure the Centre continues to provide much needed community support and development.

How can you help? Read on. Do contact us as soon as possible...

- Become a [member of the Centre](#) (see our brand new membership info)
- Why not include MNC on your [CBC number at the IGA?](#)
- Donate home cooked goodies (cakes, muffins, casseroles, pies, jams)
- Bring a friend and cook up a storm in our kitchen, we have many events to cook for
- Are you good at repairs?
- Have you got a ute / truck and can do occasional transport for us?
- Donate ingredients for cooks cooking at the Centre. Buy extra when you are next shopping - flour, sugar, fresh vegies, nuts, butter, milk, eggs, salad goods, etc
- Got any quality pot plants that you don't need?
- Have you got a spare hour or two? We need people to help with google apps, computer issues, do a solar performance review, clean cobwebs from windows, help with marketing / communications / photography / event management / grant fund writing / networking and promotions, conduct an energy audit so we can reduce the MNC power bill
- Can you spare a ream of photocopy paper every now and then?
- Donate \$20 per month to assist us with printing or other worthy causes - see over page
- Donate a raffle prize
- Buy some extra non-perishable items to add to our Emergency Relief cupboard

The Maleny Neighbourhood Centre offers a shared lunch once every fortnight. Lunch is served at 12.30 pm starts for a small donation for the Centre. Lunches coming up are 28 Mar, 10 Apr. We need cooks and we need fresh produce. Contact Holly on 0407 165 308...

Podcasting: if you would like to be involved come in to the Centre and leave your name for Susie!

We are need know-how and energy, a sound editor, presenters and interview ideas...

Inspirational counselling, life coaching and personal development sessions are available every Thursday between 10am and 3pm for a donation (gold coin or other) or bunyas (LETS). If you need a confidential listening ear or want to make dynamic changes to your life come and chat with Carmen Wyld. Please make your appointment at the front desk. For more information go to: [CarmenWyld.com](#)

Theda is offering reflexology and massage for a donation at MNC every second Tuesday. Make a booking at the front counter of MNC.

Maleny Neighbourhood Centre - 17 Bicentenary Lane, Maleny Ph: 5499 9345

Opening Hours: Mon - Fri 10 am- 3 pm

MALENY NEIGHBOURHOOD CENTRE MISSION: To provide the people of Maleny and district with a focal point for creating a fair and just society that celebrates diversity, encourages participation and enables access to services that assist all in our community.

Maleny Neighbourhood Centre up and coming events to watch out for:

OUR COMMUNITY SAYS NO TO VIOLENCE - Domestic Violence Prevention Week - TESCH Park - Saturday 18 May from 10am speakers, music and lunch

FLEXI SCHOOL FUNDRAISING - the Flexi School students are raising funds for special excursions.

Do stop and say hello and let's support them!

YOU ME UNITY & the "R" RECOGNISE CAMPAIGN

- movement toward making our National Constitution equal and non-racist so it properly serves all Australians

LETS (Local Energy Exchange System) monthly markets

APM helps people, who have injuries, disabilities or health conditions, getting work. APM provides comprehensive vocational rehabilitation with specialist employment assistance. This service is for our community - please come on in!

WHAT'S ON

Monday

Centrelink @ MNC 10am - 12 noon
Monday

Mothers Group for Under 1 Year Olds
Substance Abuse Support Group

Free legal advice & service - Suncoast
Community Legal (every 2nd Monday)

Marimba with Donna

Tuesday

Sweet Chilli Choir Session

Tapestry Choir Session

Marimba with Donna

Maleny Floral Art Group (2nd Tuesday
of the month)

Massage

Wednesday

APM Employment Services

Zwadi Choir Session

Mens' Group

Evening Breathe Meditation

Thursday

Fix It cafe and community lunch (every
2nd Thursday)

Life Coaching

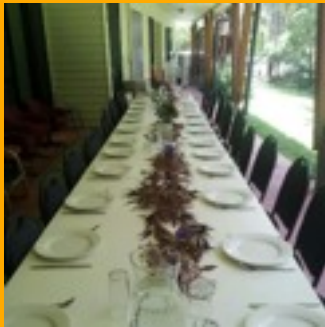
Friday

Maleny Jelly - computer workers
shared space

**PLUS SPECIAL EVENTS /
WORKSHOPS ARE SCHEDULED ALL
THE TIME**

Any Day

- Family Support
- Rooms of all sizes and shapes to rent 24 / 7 at affordable prices see our website
- Phone use, computer use, internet access, faxing, photocopying
- Emergency Food Relief
- Company...someone to talk to
- Connect with Your Community
- A Cup of Tea



Before and during one of Maleny Neighbourhood Centre's fabulous community lunches fortnightly on Thursdays 12.30pm. Please join us to meet lots of lovely Maleny people and have a delicious lunch for a donation.



Caloundra and Hinterland Family Support Program

This program offers a range of strength based family centered supports to families in Caloundra & the Hinterland communities including: Volunteer Home Visiting Service; Intensive Family Support from professional staff; Parenting Education courses & workshops; supported playgroups & mother's groups. The program is open to families with children under the age of 12 yrs, self referrals can be made to the program.

Wendy McManus who is a Maleny local works with families across the hinterland communities from Beerburrum to Mooloolah and the Maleny surrounds.

Phone Wendy on [0423716705](tel:0423716705) or 54296766 for more information.



Film Making Focus Group
MALENY NEIGHBOURHOOD CENTRE is calling for expressions of interest from people who are interested in training in film-making, use of high definition video cameras for career development, web sites, business enterprises, grant documentation and making short original films. Depending on response a focus group of less than ten people will have an initial meeting after Easter. Please email admin@malenync.org.au